



Newburgh Sailing Club
Last updated April 2025
Sailing Instructions



1. Rules

Racing shall take place under the current World Sailing Racing Rules of Sailing (2025-2028), prescriptions of the RYA, these sailing instructions and the appropriate class rules.

2. Entries.

Eligible boats may be entered by completing registration entry forms. Competitors must be affiliated to the RYA or an RYA affiliated club.

3. Notice to Competitors.

Notice to competitors will be posted on the official Notice Board located inside the clubhouse. This will include the predicted time of high water and any other relevant information.

4. Briefing.

- 4.1 There will be a briefing to all competitors in front of the clubhouse no later than half an hour prior to the first race. This will be indicated by a sound signal.
- 4.2 Any changes to the sailing instructions will be posted before the first race on the clubhouse notice board. They will also be highlighted at the briefing prior to racing.

5. Signals made Ashore

5.1 Signals made ashore will be displayed on the Race Flagpole and/or as an illuminated signal at the clubhouse.

5.2 Flag 'AP' with two sound signals (one sound when lowered) means 'the race is postponed'. The warning signal for the race will be at least 1 minute after the lowering of flag 'AP'.

5.3 The class flag will be displayed on the notice board.

6. Racing

6.1 Racing on the day of the event will run back-to-back for the first 2 races. There will be a break determined by the OOD prior to the third race and the start for the third race will be displayed on the clubhouse notice board.

7. Racing Area and Course

7.1 The course to be sailed and the rounding of the marks will be displayed on the course board (posted at the front door of the clubhouse) no later than 15 minutes before races one and three. Race two will be the same course as race one.

7.2 A map showing NSC's racing area for the day and approximate location of various racing marks is situated on the clubhouse notice board.

8. The Start

8.1 The starting line will be the line formed between the transit line within the OOD box and clubhouse to mark A which forms the outer limit.

8.2 Races will be started by using RRS 26. (5, 4, 1, 0), and the NSC Light System.

9. Individual Recalls

9.1 NSC light system will be accompanied by one sound signal. The red light will be illuminated until all offending boats are completely on the pre-start side of the starting line, or in the case of subsequent starts a maximum of one minute.

10. General Recalls

10.1 NSC light system will be accompanied by two sound signals, and all the lights will be left illuminated for 1 minute.

10.2 A new starting sequence for the class to start will commence one minute thereafter, or at the end of any other starting sequence.

11. Shortening Course

11.1 The OOD is permitted to shorten the course for any reason. In all cases the shorten course signal will be made before the first boat to be finished, rounds or passes the mark before the finishing line. The shorten course signal consists of two sound signals and the display of flag 'S'.

11.2 When out of visual range of the shore signals, messages will be passed to competitors by flag signals (S or 1st Sub) carried by a rescue craft and /or conveyed by verbal communication via rescue crew.

12. The Finish

12.1 The finishing line will be the line formed between the transit line within the OOD box and clubhouse to mark A which forms the outer limit.

12.2 Races will normally be finished over the club lines unless otherwise indicated on the course board.

13. Time Limits

13.1 Boats that fail to finish within 30 minutes after the first boat will be scored Did Not Finish.

14. Protests and Requests for Redress

14.1 Protests will be governed as set out by the World Sailing, Racing Rules of Sailing (2025-2028).

14.2 There will be no requirement to display a protest flag while racing, however the competitors' intention must be made verbally clear at the time of the incident.

14.3 The protest limit is 30 minutes after the last boat has finished the last race of the day. Competitors must inform the OOD of their decision to protest within this time. The same protest time limit applies to all protests by the race committee and to requests for redress,

14.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of the time and place of hearings in which they are parties or names as witnesses.

14.5 Notices of protest by the race committee will be posted to inform boats.

14.6 A protest committee shall be organised by any member of the sailing committee, once asked to do so by the OOD.

15. Scoring

15.1 The low point scoring system of RRS Appendix A will apply. 1st place - 1, 2nd place – 2. A boat that did not start, did not finish, retired or was disqualified shall be scored one point more than the number of event entrants.

15.2 The best three races from four will count. Where only three or fewer races are completed, all will count.

16. Safety and Insurance

16.1 The safety of a boat and her entire management including insurance to the minimum level recommended by the RYA shall be the sole responsibility of the owner/person in charge, who must ensure that the boat and crew are adequate to face the conditions that may arise during the race. Neither these sailing instructions nor the inspection of the boat limits or reduces the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/person in charge or crew as a result of their taking part in the race or races. Moreover, every owner/person in charge warrants the suitability of the boat for the race or races.

16.2 Adequate personal Buoyancy for all competitors must be worn at all times whilst afloat. Neither wet-suit or dry-suit constitutes adequate personal buoyancy.

17. Local Variations

17.1 All competitors must keep out of the main channel when a merchant vessel with restricted navigational ability approaches. **FIVE** sound signals will be given from the shore prior to a vessel's entry to the racing area. The rescue crew will also make verbal warning of the imminent danger to competitors and proceed approximately 200 meters in front of the vessel, **ON NO ACCOUNT** will any competitor pass between the rescue craft and the bow of the approaching vessel. This will lead to instant disqualification from the event, and NSC or its members cannot be held accountable for the competitors' safety should this situation arise.

17.2 There will be no penalty if any competitor uses power other than wind to move out of the danger area for such a vessel, provided this does not give an unfair advantage over other competitors.

17.3 Competitors shall familiarize themselves with the locations of marks used for NSC courses indicated on the diagram below.

